

## Homeopathic treatment of angina

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The homeopathic treatment of angina is very often extremely effective with a few remedies that we will present in this document.

*Please recall that in front of any angina, the ideal is to do a throat swab, for example with rapid diagnostic test(TDR, STREPTOTEST). The test will help to determine if it is a viral angina, or an angina due to streptococcus.*

### THREE REMEDIES WHEN FACING THE BEGINNING OF AN ANGINA:

- **BARYTA CARBONICA 15CH** 1 dose : It is the prescription of P.SCHMIDT from Geneva to abort an angina which just started. « we have something across the throat, but we never understood what. ». The patient is shy, not knowledgeable in mathematics, shameful, and hid from strangers  
After, it is a remedy of so painful angina, that the patient **spits his saliva as he cannot swallow** (In that case give frequent intakes in 7CH)
- **IGNATIA 15CH 1 dose**: Typical if it happens after a breakup, a separation or mourning.  
The pain is paradoxical: The child can eat bread, but cannot swallow water. Lump in his throat.
- **CARCINOSINUM 10 000K** : 1 dose if a infectious mononucleosis is suspected. The patient has a high fatigue, lymphadenopathy everywhere, a spleen and sometimes an enlarged liver. Very often, it is very secret patient who does not want to leave a « fusional love ».

### TREATMENT of ESTABLISHED ANGINAS:

#### RED ANGINAS

- **APIS MELIFECA 7CH**: red angina, without being thirsty, burning and stitching pain, , edema of the uvula, **difficult to live in communities.**
- **BELLADONNA 7 CH** : angina with a large thirst, high fever around 08am or 08pm, delirious, dilated pupil, red face ; following a damp cold on the head ; **oral sadistic stage.**

#### WHITE ANGINES

- **MERCURIUS SOLUBILIS 7 CH** : very bad breath, salivation, diaphoresis. Precocious patient, be into everything, authoritarian; love the milk, the butter and the money from the butter.
- **PHYTOLACCA 7 CH**: dark red throat with gray membranes, stormy atmosphere. Sore throat radiating to the ears. Possible infectious mononucleosis. Painful dentition. All beginnings are difficult.
- **RHUS TOXICODENDRON 7CH**: moist chilling after exertion, by seaside. Restless nights, painful dentition. Chilliness. Coated tongue with red tip, fever around 09am, 03pm, 09pm, 11pm. **Torticollis. Movement goes save my life.**

#### **OTHER REMEDIES LESS FREQUENT**

- **BAPTISIA TINCTORIA 15CH**: High fever with no pain due to the angina. Want to put the « family pieces » back together, when the family breaks in parts. Love puzzles.
- **MERCURIUS PROTOIODATUS 7CH**: white angina on the right side. History of thyroid problems.
- **MERCURIUS BIIODATUS 7 CH**: left side angina. **History of thyroid problems.**
- **MERCURIUS CYANATUS 7CH**: important necrotic aspect of both tonsils ; many false membranes , **Diphtheria (Diphthérotocinum15ch 1 dose)**
- **GELSEMIUM 9CH**: **anticipatory anxiety**: angina the day of an exam, his/her wedding ...Not thirsty at all ; fever with somnolence and tremor.
- **KALIUM BICHROMICUM 9CH**: the VINCENT ulcéro-nécrotic angina. Localization of a necrotic ulcer on a single tonsil. Problematic of the scapegoat, conflict in his/her territory.
- **LYCOPodium 9CH**: Right side angina for an authoritarian patient, stubborn, smart, winner. intestinal gas+++
- **LACHESIS 9CH**: Left side angina for an authoritarian patient, jealous, loquacious. Purpura on the velum. Oedipus complex.
- **LAC CANINUM 9CH**: anginas alternating side. The patient is devaluated. Dreams of snakes. Deposits white as porcelain, angina during menstruation.

#### **SEVERE ANGINAS**

- **HEPAR SULFUR 15CH**: pain like with a splinter, **suppuration+++** Risk of **phlegmon of the tonsils**. (in serious cases, there is a trismus: the patient cannot open his/her jaw) or **retro pharyngeal abscess**( Very serious case with a torticollis associated). Additional intakes of PYROGENIUM 7ch: **close monitoring and specialist advice and hospitalization if the condition deteriorates**
- **AILANTHUS GLANDULOSA 9CH** : very swollen tonsils, dark red, brown tongue, delirious, prostration **Very serious scarlet Fever..**

- **CARBOLICUM ACIDUM 7CH:** red throat, gorge rouge covered with putrid exudates, deterioration of the general state, increased olfactory sensitivity. Scarlet Fever, serious mononucleosis, diphtheria.

## **CHRONIC STREPTOCOCCICOSIS:**

**Recurring anginas despite valid treatments either homeopathic or allopathic (antibiotics chosen after antibiograms)**

- **SULFUR 9 to 30CH :** Patient warmed, neglected, relax. Skin problems (eczema).
- **AURUM METALLICUM 9CH to 30CH:** authoritarian, generous, dare-devil, can become depressive.
- **AURUM SULFURICUM 9CH to 30CH: neglected, dirty, dare-devil : use both remedies SULFUR et AURUM.**
- **MERCURIUS SOLUBILIS 9CH to 30CH:** Precocious patient, be into everything, authoritarian; love the milk, the butter and the money from the butter.
- **STREPTOCOCCINUM 9CH to 30CH: NOSODE OF STREPTOCOQUE extremely useful to get rid of this germ.**