

Homeopathic treatment of Asthma in acute phase

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More and more patients are suffering from asthma in our industrialized societies due to pollution, sanitized living conditions, and overloaded with vaccines. The goal of this paper is to give you the directions to efficiently treat acute situations without requiring to use the bronchodilator aerosols, (those having in long terms an impact on the heart) or the inhaled corticoids which are not without side effects like immune depression, weight gain, growth retardation, hirsutism and diabetes.

Outside acute situations, a general treatment should be considered. In addition to the patient's remedy determined by the homeopath, it could be necessary to prescribe the dilutions of the vaccines administered to the patient, and eventually complement the treatment by stay in a thermal site (for example La Bourboule in France which offered sulfuric and arsenical waters).

First Aids remedies. For these remedies, globulis are to be used and administered very frequently ; as soon as an improvement is noted, reduce the frequency of administration and finally stop.

The patient is not thirsty.

- **IPECA 7 CH** : Asthma in dry weather (strong and cold wind like Mistral); the tongue is clean, expectoration streaked with blood
- **ANTIMONIUM TARTARICUM 7CH** : significant congestion, highly charged tongue, grumpy character

The patient is thirsty

- **PHOSPHORUS 15CH** : Patient requires large quantity of cold water; face purpura, epistaxis, desire for companionship++++
- **ARSENICUM ALBUM 15CH** : patient wants small quantities of water frequently; typically around 13h (1pm) or 01h (1am); agitated++++, death anxiety, chilliness (in case the patient is warm, use instead ARSENICUM SULFURATUM RUBRUM 15CH); also use in situations when there is wind from the sea.

Other alternatives:

- **CARBO VEGETALIS 30CH** : **severe** asthma, lacking of oxygen, desire to be fanned and to urinate; no reaction to the previous remedies; skin marbled.

- **SANTA HERBA** (laboratory LEHNING) 1 drop per kilo three times a day (or 1 drop for 2 pounds): composed remedy with main ingredient Yerba Santa (ERIODICTYON), a plant used to cure asthma in the traditional Mexican medicine, and with also ADRENALINUM, which can be used to detoxify from bronchodilators aerosols.

Remedies bases on more special conditions

Function of the time of the crisis

- **Midnight -3h : ARSENICUM ALBUM 15 CH , RHUS TOXICODENDRON 9CH (agitated but no death anxiety, humid weather, close to the sea)**
- **3h- 5h : KALIUM CARBONICUM 9CH** stitching pains in the chest, ticklish, desire sugar, swelling of the upper eyelid
NATRUM SULFURICUM in case of humidity or moisture.
- **5h-6h : PULSATILLA 9 CH** attached to mum+++,
LYCOPODIUM 9CH : stubborn, bossy, tics, with gastric gas
- **7h -8h : BELLADONNE 7 CH** red face, dilated pupils, biting, fear of dogs
- **9h : RHUS TOX 9ch** agitated,
BRYONIA 9CH : calm, extremely thirsty, constipated, painful caught
- **10h : NATRUM MURIATICUM 15CH : Patient misses the father, secret, warm and desire of salt.**
- **11h- 12h : ACONIT 9CH agited+++anxious+++ Severe crisis, patient do not sweat.**
- **13h : ARSENICUM ALBUM 15CH ,
RHUS TOX 9CH**
- **16h : PULSATILLA 9CH** attached to mum, not thirsty, warm
- **17h :LYCOPODIUM 9CH** stubborn, bossy, tics, with gastric gas
- **20H : BELLADONNE 7 CH** red face, dilated pupils, biting, fear of dogs
- **21h : RHUS TOX 9ch** agited,
BRYONIA 9CH : calm, extremely thirsty, constipated, painful caught
- **22h : NATRUM MURIATICUM 15CH : Patient misses the father, secret, warm and desire of salt.**
- **23h – minuit : ACONIT 9CH agited+++anxious+++ Severe crisis, patient do not sweat.**

Function of atmospheric conditions

- **RAIN : DULCAMARA 7CH** : love not shared, rusts on the scalp love, clogged nose
- **MOISTURES : NATRUM SULFURICUM 15CH , 5 o'clock**, history of cranial trauma.
- **TEMPEST : RHODODENDRON 9ch** history of prematurity
- **MISTRAL (WIND) : IPECA 7CH , FERRUM PHOSPHORICUM 9 CH** (low-grade fever, epistaxis)
- **When walked against the wind : CUPRUM METALLICUM 9CH** cramps , fear to not be good enough)

Other circumstances:

- Asthma from exertion: **ACONITUM FEROX 9CH**(stress+++) **DIGITALIS 9CH (forced)**
- Excitation : **AMBRA GRISEA 9CH** : fear of crowd, shyness
- Anger : **CHAMOMILLA 9CH**(expressed anger), **STAPHYSAGRIA 15CH** (internal anger)
- Weather changing: **ARSENICUM ALBUM 15CH** , **CHELIDONIUM 7CH** (child abused), **DULCAMARA 7CH**
- Menses : before **SULFUR 9CH**; during **KALIUM CARBONICUM 9CH**
- Hay Fever : **SANGUINARIA 9CH** red face+++
- Asthma when inhaling dust :**POTHOS**

ASTHMA in ACCORDANCE WITH THE CONDITIONS OBSERVED

- Feeling Sting : **KALIUM CARBONICUM 9CH**
- Burning Sensation : **SULFUR 9CH** (warm) **ARSENICUM ALBUM 15CH**(sensitive to cold)
- **CONSTRICTION** : **CACTUS 9CH**
- **MOANNING** : **BELLADONNE 7CH**, **CINA9CH** (verminoses , problematic epidural), **PODOPHYLLUM 7CH**(diarrhea , dentition)
- **FLARING NOSE**: **AMMONIUM CARBONICUM** (Blaming the father),**ANTIMONIUM TARTARICUM 7 CH** , **KREOSOTUM 7CH** (dentition , diaper rash, bedwetting), **LYCOPODIUM** , **PHOSPHORUS** , **SULFUR**

FINALLY FOR ASTHMA due to allergic conditions, the usage of HISTAMINUM 9CH or 15CH and POUMON HISTAMINE 9, 15, 30CH.

In case of failure in the treatment of asthma consider the possibility of gastro-oesophageal reflux, especially if the crisis appears at night in lying position. Please check the special page on this site for the treatment of such reflux.