

Homeopathic treatment of acute laryngitis

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Acute inflammation of the larynx, organ of the organ of the phonation, mainly from a viral infection, the acute laryngitis, or false croup (laryngismus stridulus), appears as a dyspnea, occurring suddenly with caught and a respiratory distress.

Nevertheless, an allergic acute reaction, like in a Quincke oedema, or the possibility of inhaling an object should be evaluated. This represents an extreme urgency.

In all cases, the position that the patient spontaneously adopts should be maintained. If possible, the patient should be in a humid environment, like the bathroom where hot water is running.

The three main homeopathic remedies for acute laryngitis.

- **ACONITUM NAPELLUS 7CH** : starts suddenly around 11:00am or better around 11:00pm, cold and dry weather (cold wind, “mistral”,...). The patient is anxious+++ , agitated. Lack of perspiration.
Problematic of the SPHYNX: must quickly find the right answer otherwise it is death
- **SPONGIA TOSTA 7CH** : Slightly less hyper-acute than the previous one. Laryngeal cough appearing at 5:00am with a very humid weather. Desire for hot drinks.
Problematic: must detach from mom.
- **HEPAR SULFUR 15CH**: Very severe laryngitis, during the night (02:00am – 03:00am), dry weather and cold, similar to Aconit. Feeling like having a thorn in the throat, suppuration.
Problematic : patient attracted by the fire, willingly pyroman; destructor.

In difficult cases, alternate these three remedies every 5 minutes.

The efficiency is very fast, and in 90% of the cases eliminates the needs of allopathic treatments, based on corticoids (e.g. CELESTENE 10 drops per kg twice every 24 hours).

Other homeopathic remedies possible

- **BROMUM 7CH** : If Spongia does not work in humid weather with a wind from the sea. Patients excited, quarrelsome, warmed, who feel well only on the ocean, or in islands. Problems to inspire.
Problematic: Danger is on shore.
- **CALCAREA BROMATA 9CH** : kids during teething period, insomnia, fears or terror. Usually humid weather coming from the sea.
Problematic: There is danger inside his/her own family (typically, the last born with jealous older brothers/sisters who try to hurt him/her when mummy is not looking).
- **APIS MELIFECA 7CH** : Laryngitis after a bee sting or insect bite. The glottis is oedematous, and hangs like a bag of water. Burn and sting. Lack of thirst.
Problematic : Feels bad inside a community.
- **SAMBUCUS NIGRA 7CH** : Very young kid, suffering of non-running coryzas, and waking up brutally at midnight. Important transpiration.
Problematic : fear of failure by lack of energy.
- **CHLORUM 9CH** : allergy to chlorine from the swimming pools. Difficulties to expire. Some autistic aspects.
- **ALLIUM CEPA 7CH** : sub-acute laryngitis, mainly occurring at fall when not protected enough against the cold humid weather after a warm day.
- **ARGENTUM METALLICUM 9CH** : singer or speaker who damaged his/her voice. Life is full of surprises that we must accept.
- **OLIBANUM SACRUM 7CH** : Total loss of voice, nervous patient, Oedipus complex, dream of be killed by the father.
- **CUPRUM METALLICUM 7CH** : laryngomalacy (the larynx is too soft for the newborn in his/her first months, permanently hoarse breathing). Additional remedy CALCAREA CARBONICA 15CH .
- **KALIUM IODATUM 9CH** : Remedy of laryngeal compression (for example presence of a laryngeal angioma, that will be detected by an MD during a laryngoscopy procedure)

Homeopathic Treatment of Recurrent Laryngitis.

The three main remedies to treat recurrent laryngitis are:

- **CALCAREA CARBONICA (15CH-30CH) (fearful child),**

- **CALCAREA SULFURICA(15CH-30CH)** (jealous child who likes to take responsibilities)
- **HEPAR SULFUR(15CH-30CH)** (pyroman)
- **PHOSPHORUS (15CH-30CH)**
- **LYCOPODIUM (15CH-30CH)**

Also the remedies of regurgitation (**ASA FOETIDA , LOBELIA , MURIATICUM ACIDUM**) , nosodes **TUBERCULINUM** and **DIPHTEROTOXINUM** , and the remedy after asphyxia **CARBO VEGETALIS 30CH**.