

Contribution of homeopathy in Polycystic kidneys disease with the remedy “CROTON TIGLIUM”

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Summary

About two clinical cases of polycystic kidneys clearly improved by homeopathic treatment with the remedy CROTON TIGLIUM, the author wonders about the pathogenesis of this disease which involve the inability to express anger and unsolved conflicts getting encysted in the kidneys what put their life at risk. He suggests trying this remedy to release the anger and contain the disease.

Polycystic kidneys disease is a quite common genetic disorder affecting thousands of patients and eventually leading to kidneys failure in the majority of patients. Despite the continued progress made in the scientific studies of this affection, few solutions has been found up to now in allopathic medicine to slow down or even stop the evolution of those cysts that progressively crowded out the kidneys leading to kidneys function impairment. Only one author, O. A. JULIAN, in a literature revue of homeopathic medicine, talks about CRESOLUM remedy to treat polycystic kidneys disease. I happened to try this remedy that gave only a brief improvement. I then started to look for a more effective remedy and this article is based on the results I got with two of my patients.

Pathogenesis of polycystic kidneys disease: homeopathic point of view

This genetic disorder seen as a fatality in classical medicine can benefit from a different way of thinking of a homeopath practitioner like me. I believe that everything happen for a reason and life is an initiatory journey where bad experiences are aimed to help us progressing. In genetic disorder, an ancestry had had a psychological problem that he was not able to verbalise and the body has only found this bad solution to sort it out. Then the problem is passed on from generation to generation because of the “like attracts like” until words can be put on the ills. And only then the pathology will stop.

What is the under lying problematic for this disease where kidneys are being smashed?

We can imagine that a person had to bow down at a certain time in life because he couldn't find any other solution in a conflict involving a stronger part. The unexpressed feeling of anger is kept inside, turned in, encysted in the kidneys, representative organ of the second dimension of love, the us, the dual relationship. In her book “holly anger” Lytta Basset writes: the worst would be to keep down regarding what happened, thinking and repeating: if I let go to my anger it would be devastating. If it happened one day and the experienced was not conclusive, the expression of the anger could be completely censured then. In a fit of rage, one could kill, like CAIN, commit the unfixable. Consequently we prefer to turn this strength against ourselves, even if it means

destroying ourselves, process known by the name of LUESE in homeopathy and that to my opinion correspond to the inability to overcome the Oedipus complex.

But in homeopathy, there is one remedy the CROTON TIGLIUM, which analysis leads us to conclude that it was the remedy of “under pressure repressed”. One of its characteristic symptoms is **explosive diarrhoea**, splashing, sticking all over the toilet what reflect the internal high pressure. The patient feels tight. He feels the pressure in the forehead. The remedy is known by homeopath paediatrician for the “cannonball shaped” new born baby who suffers from eczema on the genitalia organ.

I therefore felt it interesting to give this remedy in case of polycystic kidneys disease.

Observations

Alexis A, is a baby born the 2th of July 2008 carrier of a polycystic kidney disease discovered during a uterus scan. He had a big cyst of 1 cm and a half diameter on the right kidney and two similar cysts on the left kidneys and in addition to it multiples cysts all over the kidney parenchyma. The child is seen every month by the professor BERNARD in NICE because cysts seem to multiply and he is continuously suffering from explosive diarrhoea spattering the entire room when he is getting changed. He is breastfed. At the three months old I prescribe him a series of differentness dosages of CROTON TIGLIUM remedy: 9C, then ten days later 12C, then ten days later 15C, then ten days after 18C, then ten days after 24C then ten days after 30C.

Seen again at six month old, news is good, the kidney function is not degrading and cysts have stopped multiplying, and even regressing: on the scan there are no sign of the two big cysts on the left kidney.

In July 2009 his state is stable, and the nephrology monitoring is now done every year. At the end of September 2009 he is a beautiful baby of 12KG without any clinical problem. A lot of cysts have regressed and the kidneys function doesn't seem to be endangered anymore.

N.M. is 59 years old man carrier of hereditary polycystic kidneys disease and decompensate at the age of 52, and who goes for dialysis three times a week. He suffers from high blood pressure (16/10) which goes up when in front of health care professional (18/11) and despites a converting enzyme inhibitor treatment he had had in two occasions a cardiac decompensation with a left ventricular hypertrophy and with a 30% reduction of the ejection fraction. I gave him some CROTON TIGLIUM 9C pills. In fact he often suffers from explosive diarrhoea and it is three months after having an episode of unexpressed anger due to a conflict at work where he had no other choice than bowing down, as he was facing a more powerful opponent that he had decompensated kidney failure. It was a case of a clay pot against the iron pot. Actually he said himself to be surprised to have being unable to get angry all his life, even younger when his family used to call him “doudou”.

During the following days after the prescribing the blood pressure normalises very fast at 13/6, with even some hypotensive phases after the dialysis session leading to an increase in the dried weight. Least but not last the cardiologist notice three months after the normalisation of the cardiac rhythm the disappearance of the left ventricular surcharge and an ejection of fraction back to 58%. At the

clinic, the “white coat” effect disappears and the blood pressure is controlled at 13/8. In his everyday life Mr N.M surprises himself to let go at sane anger fit and sees his diarrhoea disappearing.

DISCUSSION

It is obviously too early to draw any definitive conclusion from these two observations, but it seemed interesting for me to share this with anybody involved with polycystic kidney disease. Effectively homeopathy has no contraindication in, no side effects and is well worth trying on patients suffering from this disease in the hope to eradicate it before the definitive destruction of the kidneys.

With the following combined symptoms.

Polycystic kidney disease

Explosives diarrhea

Inability to express anger

Hypertension aggravated in front of health care professional (the “white coat effect”)

I suggest to try the treatment with CROTON TIGLIUM :

9C 1 dose,

Then ten days later 12C,

Then ten days later 15C,

Then ten days later 18 C,

Then ten days later 24C,

Then ten days later 30C.

Conclusion

Homeopathy is a complementary medicine that allow, starting from the clinical observation of symptoms to find a remedy that will cure the sick in a gentle, lasting and economical way. For the polycystic kidneys disease and considering the two observations regarding patients being at two opposite stages of life, the hypothesis of a conflict regarding the inability to express the anger seem to fit the CROTON TIGLIUM remedy, which is the remedy for “under pressured repressed”. We are suggesting trying this remedy on other patients suffering from polycystic kidneys disease in a way to stabilise the disease before it degenerates. I join my email to this work waiting for the observation of colleagues and families involved.

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O. A. JULIAN : Dictionary of Homeopathic Materia Medica, MASSON ED . PARIS, 1981.

Post scriptum (March 2012)

Since this article was published on the net, I have been told about numerous positives cases where the renal volume had been reduced, what has never happened with allopathic treatments up to now. A South American surgeon told me to have seen the reduction in creatinine in a woman with polycystic kidney disease in phase of decompensation.