

Homeopathic treatment for premature children

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Introduction

Homeopathy is a resourceful medicine that can help the premature child to develop despite all the difficult and often disabling experiences he had when coming out too soon from the maternal womb. Children being born more and more early with a less than 1000 grams birth weight can survive thanks to modern medicine.

In this article we would like to share our experience of more than thirty years in homeopathy pediatric and help you discover the treasures contained in our homeopathic material medical that can help your premature children by stimulating at best all the existential possibilities and assuring them strong health and vital energies.

We will highlight the most important homeopathic remedies: they could already change deeply the development of premature children. Obviously for a more in-depth and individualized approach nothing could ever replace the consultation with a homeopath pediatrician, but unfortunately those practitioners are becoming very scarce in our society that prefers a materialistic and standard approach of medicine and often turns its back to the finest, individualized, natural and economical techniques offered by the medicine discovered by HAHNEMANN in the XIX^e century.

My best homeopathic remedies for premature children:

The two key remedies:

CARBO VEGETABILIS: the step to take

It is the vegetal coal; charcoal is made by heating wood in absence of oxygen for a perfect combustion. This remedy is most appropriate whenever there is a history of clinical **hypoxia**: difficult birth, laborious start of the breathing : **C section, neonatal revival, oxygen therapy** during the first hours of the life (AGPAR score inferior to 10)and later recurrent hypoxia and hypercapnia events, flu degenerating into **asthma, bronchiolitis**.... especially in a polluted or full of cigarette smoke atmosphere.

Clinically the child has a marbled skin, wants to be fanned and has a lot of digestive winds.

This remedy will be given at the beginning of the treatment in doses: for example one dose every two days in 9C, then 12C, then 15C, then 30C.

OPIUM : To be or not to be (Hamlet- Shakespeare)

This is the king remedy for the extremely premature children born after only 6 months of pregnancy, at the limit of viability. Given in 15C to a woman threatening to give birth prematurely after 6 months of pregnancy and who arrives at the hospital with the cervix dilated; it can avoid the premature delivery of the baby.

The opiate and endorphin regulate numerous body functions: heart rate and breathing pattern, digestive transit, sensitivity to pain, and various fears. In fact, at homeopathic doses **it reinforces the link between the soul and the body** and therefore dissuades the soul to “leave again” as say the Africans.

Clinically the child is drowsy, constipated, often presents an umbilical hernia. During sleep he has pauses in the breathing. When the breathing pauses are over 15 seconds the heart rate slows down and there is a **risk of sudden death**.

One homeopathic dose of OPIUM will regulate the failing endorphin system and prevent the risk of sudden death. It considerably reinforces the vital energy of the child and makes him more resistant to respiratory infections and gastro-enteritis. It can even make the tendency to febrile convulsions disappear. And let's mention in passing that this remedy is very useful for children with **brain tumor**.

The remedy should be given in escalating order: 15C, 18C, 24C, 30C, 200C, 1M, 10M (one dose every 15 days in that order)

Other useful remedies

ARNICA: it is worth it!

ARNICA is indicated whenever there is a notion of blow or trauma: the birth delivery was violent; there is a caput succedaneum, a cephalohaematoma (CALCAREA FLUORICA, MERCURIUS and SILICEA) and sub-conjunctival hemorrhage.

Later in time this remedy is interesting in case of symmetric and hemorrhagic eczema, appendicitis and boils.

Escalating doses will be given from 9C to 30C, keeping the high dilution for severe head injuries (for which they do wonder).

NATRUM SULFURICUM: too much water!

This is the best remedy for intracranial hypertension, the homeopathic SYNACTHENE. It is appropriate for the very traumatic beginning either on its own or alternated with ARNICA; then the child will develop a humid asthma with allergies to moulds and a tendency to warts.

High dilution will be given: 15C, 18C, 30C, 200C, 1M, 10M.

HYPERICUM: the St Jonh's Wort- find the right door.

Indispensable remedy when there is a notion of nerves trauma (this is the ARNICA of the nerves) and a stretch of the spinal cord. This remedy is the king remedy after the forceps were used.

Later the child will suffer from asthma when it is foggy and he is feeling depressed. For the mother it is a good remedy in case of sacrum trauma: in fact the right door is the holy one!

High dilution will be given: 15C to 10M.

ACONITUM NAPELLUS: confronted to the Sphinx!

The Sphinx is an ancient animal that emerges suddenly in front of you and asks you a question: if you have the right answer you are alive, otherwise it is death! Oedipus meets the Sphinx on the THEBES road.

This remedy is appropriate every time there is a situation of **absolute emergency** for example a Placenta Praevia: the mother comes to the hospital in emergency at 11 am with a massive hemorrhage, Caesarian section in emergency, neonatal revival

Later the child repeats the vital distress with over acute laryngitis, asthma attacks at 11am or 11pm.

In acute we will give pills in 7C or 9C and in chronic: doses from 9C to 30C.

CAUSTICUM: DAMOCLES' sword.

Traumatic birth with a fracture of the collarbone, an entrapped shoulder or a perinatal brachial plexus palsy (PBPP) are the sure indications for this remedy. It will also be very useful in case of a convulsion followed by a paralysis; if for example there was a cerebral thrombus with a transitory hemiplegia. The child is hypersensitive and fearful, cry when hears other children crying, presents a constipation ameliorated when standing up. Later in time it is dyslexia: he confuses sounds. The skin of the lower limbs is marbled.

NAJA : the communication between the right and the left side of the brain.

The remedy of choice for a child with a psychomotor disability and whom cerebral imaging (SCANNER, MRI) shows that the **CORPUS CALLOSUM** is affected: it is narrowed, it is hardly visible. The corpus callosum represents the inter-hemispheric communication and therefore the harmonious circulation of the information between the two sides of the body. The Pharaoh carries a NAJA on his head because he has harmoniously developed his both sides, the right side, the male side, and the left side, the female side. Mastering these two genders; he is the equal of God on earth.

Escalating doses will be given starting with 12C up to 10M and the progress will be noticeable. The kinesiologist who notices a bad right left communication could benefit a lot from the use of this remedy.

LATHYRUS : the spastic paraplegia

Ce remède m'a permis des améliorations parfois spectaculaire chez des prématurés ayant souffert d'anoxie cérébrale et qui présente une paraplégie spastique des membres inférieurs ce qui fait que la marche est compromise. Après quelques semaines de traitement avec LATHYRUS 9CH 3 granules tous les matins j'ai eu la bonne surprise de voir marcher des enfants qui semblaient au départ condamnés à ramper toute leur vie !

This remedy allowed me to have sometimes some spectacular improvement in premature children who had suffered a cerebral anoxia and who have a spastic paraplegia form the low limbs meaning that the walking is compromised. After few weeks of treatment with

LATHYRUS 9C 3 pills every morning; surprisingly children, who were apparently condemned to be crawling all their life, were now able to walk.

CICUTA VIROSA: crazy world, crazy time!

This remedy is indicated in children who suffered a massive head injury at the beginning and since then have been suffering from epilepsy and oozing eczema on the face. Later in time they have a tendency to live in autarchy, running away from a world they think being crazy and dangerous.

AURUM METALLICUM : a golden heart!

To be thought when there are **heart troubles** right from the start: it often allows putting in good order the heart development: intra ventricular communication, auricular ... few doses in 9C, 15C do wonder. Later those children are reckless, generous and bossy.

In case of narrowing, stenosis THIOSINAMINUM 9C to 15C has to be given to avoid bigger troubles.

In case of pulmonary hypertension SANGUINARIA CANADENSIS (7 to 30C) is an outstanding and lifesaving remedy.

BOVISTA : the neonatal jaundice

This is the first remedy to give in case of neonatal jaundice; it will allow to control it: 7C, 3 pills morning and evening during few days and the bilirubin will decrease quickly in the baby blood. (ACONITE, CHINA, MERCURIUS , NATRUM SULFURICUM, NUX VOMICA , SEPIA) . in case of icterus if the mother is breastfeeding, the milk will have to be warmed up to 60° for three days (to destroy the female hormone responsible for the delay of the liver activity), let cool down and given with the bottle (ARIAS icterus).

CALCAREA FLUORICA : the malformation background

Whenever there is a malformation background , for example HYPOSPADIAS, FENTEPALETINE, this is an excellent ally for life in combination with LUESINUM (does from 15C to 10M). Later those children are good in math, cautious with their money and sometimes artists.

ARGENTUM NITRICUM : the most stressed out!

This remedy is appropriate to new born babies suffering from conjunctivitis and stress leading to infernal colic and a difficulty to burp.... The bowel movement is liquid and greenish. The mother is anxious in advance, anticipate too much, can't stand closed or high places and eat too much sweet (9C to 30C).

This is a good remedy for a child having an intrauterine growth restriction (a child not well fed during the intrauterine life)

In these cases it is good to think of IGNATIA too if there is some grief or death, **TABACUM** if the mother smoked during the pregnancy, **ETHYLICUM** if she drank alcohol, **CANNABIS**

INDICA if she smoked cannabis, **COCA** if she took cocaine, **OPIUM** if she took some drug from the morphine family.

Give doses in 15C or 30C.

CHINA : aneamia.

It is a good remedy in case of recurrent iron deficiency aneamia in premature children. In case of severe hemorrhage in the neonatal period we can think of CHINIMUM ARSENICOSUM. It is also a remedy used in case of periodical fever and chronic fatigue due to the loss of vitals liquids (for example with a diarrhea). Give some pills in 7C every day for ten days.

ASA FOETIDA and the reflux.

This remedy can cure a good number of **gastro esophageal reflux** (1 dose in 15C, and 15 days later one dose in 30C). In case of failure think of MURIATICUM ACIDUM (afraid of the death of the mother) , LOBELIA (smoking in family history), CARBONUEM SULFURATUM (atmospheric pollution).

The over vaccination

Only few babies escape nowadays **the excessive and multiple vaccination** that lower down their vital energy. Vaccines are an industrial jackpot which sell is made all the easier when the parents are told that their children could die if they refuse to get the vaccines! I happen to see for example some 2 months old babies who had the same day a Prevenar 13 vaccine, an Hexavac (6 valences including hepatitis B) and one Rotatec what means a total of 20 vaccines at once what will block the vital energy for a good while. (cost of it: about 410 Euros!!!). It is why we have very high social security charges and therefore a massive delocalization....

Furthermore, those vaccines are full of aluminium that will be migrating to the spleen and then to the brain. The homeopath can notice the effects of it ; sadness, squint and constipation.

Personnally I would advise to stick to the French republic compulsory vaccines (Diphtheria, Polio and Tetanus).

Otherwise after each vaccine we can give the homeopathic diultion of the vaccine (for example HEXAVAC 30C) to get the energy circulating again and to eliminate the aluminium from the body.

Example of homeopathic treatment for a premature child born after only 6 months of pregnancy with a birth weight of 780g and seen at the age of two (child doesn't speak, doesn't walk, seems fearful and has a chronic constipation):

First day : CARBO VEGETALIS 30C 1 dose

48 hours after : OPIUM 15C 1 dose

8 days later : INFANRIX HEXA 30 C 1dose

8 days later : OPIUM 18C 1 DOSE

8 days later : PREVENAR 30 C 1 dose

8 days later : OPIUM 24C 1 dose

8 days later : PRIORIX 30 C 1 dose

8 days later : OPIUM 30C 1dose

Then we reassess the situation and if the child has massively improved then we go for the KORSAKOVIENNES dilution:

15 days later : OPIUM 200C

15 days later : OPIUM 1M

One month later : OPIUM 10M

AND LATER AGAIN THE LM DILUTION :

OPIUM LM3 1 pill every Thursday, then LM 5, 7, 9 up to LM30.

Conclusion

We should take advantages of this treasures left by HAHNEMANN and make our small premature children benefit from them : numerous difficult situations will be unblocked very quickly upon the action of those natural remedies and we will see those babies improve significantly towards the energy, the autonomy and the health.