

# Homeopathic treatment for RUBELLA

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Rubella is one of the main childhood disease that gives, after a 15 days incubation, two or three days of moderate fever with some raised glands on the neck, then a pink rash of small macules will appear scattered from head to toe and will last for about three to five days. This is a viral and benign disease except for the pregnant women during the first five months of the pregnancy when it can lead to severe fetal lesions. A vaccine does exist but it is not very effective and I saw several vaccinated women who ended up being pregnant and tested negative for rubella. It would be best to catch rubella in the young age because in such case the immunity is definitive then. It should be pointed out that after rubella a chronic rheumatism ground can set.

## **SYMBOLIC MEANING OF RUBELLA**

It is close to the meaning of measles; it helps children to free the toxins coming from litigation that happened during the "ORAL stage" described by FREUD with the mother and child fusion.

## **ALLOPATHIC TREATMENT**

There are only few medications for this affection except for the antipyretics at the initial stage and the anti-inflammatory in case of acute rheumatism.

## **HOMEOPATHIC TREATMENT**

**Preventive treatment:** after contamination we can offer to take the RUBEOLINUM nosode 12C ( or 30 X) or failing this the MMR 12C.

PULSATILLA 6C (or 12X) is the main remedy: whiny child, clingy with his mother and his teddy bear, heated, lack of thirst. "I don't want to leave Mummy!"

SULFUR 6C (or 12X) : happy child, heated, playful, relax, pleased to be dirty and unkempt. Great thirst. " I know it all, I don't need anybody!"

## **RHEUMATIC COMPLICATIONS:**

In addition to the RUBEOLINUM nosode, the remedy will often be HURA BRASILIENS 6C to 30C (12X to 60X). This remedy is linked with the anxiety resulting of the death of a child: story of dead children in family, miscarriages, voluntary interruption of pregnancy. This remedy is made of latex, substance found in the joints. In his HURA BRASILIENS pathogenesis, BENOIT MURE talks about dreams of dead children.

## **OBSERVATIONS**

**LYDIA, 18 years old**, has a red spots rash all over the body one day what caused a great hilarity amongst her friends. The clinical examination shows that she has numerous raised glands on the neck. Rubella is the diagnosis. The rash goes down to the lower limbs in three days. But the third day she calls for help from her bedroom early in the morning: all her joints are red, painful and swollen. She can't move anymore. " and I had a terrible nightmare : it was during the French revolution and we were brought on the scaffold"; a glimpse at the rubric "dreams of head cut" shows that it is the remedy HURA BRASILIENSIS in 6C. Everything goes back to normal quite quickly. Subsequently the remedy will have to

be taken in increasing dilution to calm small rheumatic crisis around the toes and ankles. After further enquiry, the girl was born after a therapeutic miscarriage.

**LEO** is brought to my clinic at the age of 6 months. He suffers from **congenital rubella** with an ocular involvement: evolving glaucoma requiring an ophthalmologic intervention every month since he is born on the right eye and a congenital cataract on the left eye. To make it short he is almost blind but still relax, and laughing during the examination what leads me to SULFUR. After one dose in 6C the glaucoma disappears and he will not need any more surgery. I repeat the remedy in increasing doses every month up to 10M and I had the good surprise to seeing the calcification fading and then disappearing on the left eye. At the age of 18 months he is a child in good health without any specific troubles and who sees perfectly.