

## Homeopathic treatment of Cough

Dr .Didier GRANDGEORGE, 27 November 2014

The homeopathic treatment of cough is not always easy. It is said that we recognize a good homeopathic doctor to his ability to cure the cough.

Here are some criterions to address the cough based on their characteristics: dry, loose, husky cough, fit of coughing, their location low or high in the respiratory system, the time slot, the causality.

### **Dry Cough: Spasmodic cough, non productive**

**BRYONIA 7CH:** painful cough, extreme thirst, does not want to travel

**IPECA 7CH:** cough sometimes whistling, nauseas, clean tongue, epitasis. Does not know what he wants.

**FERRUM PHOSPHORICUM 9ch:** epitasis, febricula, fragile, anemia, patient not incarnate.

**FERRUM METALLICUM 9CH:** cough during the day only, authoritarian and voluntary patient.

**KALIUM CARBONICUM 9CH:** cough during night (03h), stitching pain in the chest, desire for sugar, ticklish,. The pain in connected to some form of dependence.

**IGNATIA 15CH:** cough after sorrow, mourning, divorce...

### **Loose Cough with expectoration**

**COCCUS CACTI 9CH:** Glary caught, fit of coughing, difficult expectorations of the mucus; Must expulse the "foreign element" (for example the new father in law...)

**DULCAMARA 7CH:** Following humidity, rain ... Cold shower that extinguishes the fires of love.

**KALIUM BICHROMICUM 9CH:** elastic mucus, chilliness, land conflict

**KALIUM SULFURICUM 7 CH:** elastic mucus, can't feel the cold, eczema of the pinna (ear).

**NATRUM SULFURICUM 15CH:** cough after staying in a moldy environment or seashore. Bipolar.

**PULSATILLA 15CH:** loose cough during the day, dry at night. No thirst. Don't feel the cold. Attach to his mother. Expectoration of green mucus.

### **Husky Cough, laryngeal**

**If shortness of breath: Acute laryngitis:** ACONIT 7CH, SPONGIA 7CH, HEPAR SULFUR 15CH, CALCAREA BROMATA 9CH, BROMUM 9CH, BADIAGA 9CH (painful cellulitis)

**No shortness of breath: Acute laryngitis:**

- **DROSER 7CH:** Husky cough, wheezing cough, spasmodic, difficult dentition: people are bad.

- **ARUM TRIPHYLLUM 7CH:** Voice uncertain, bitonal, the child peeling lips, the voice crying in the wilderness.
- **ARGENTUM METALLICUM 9CH:** Hoarseness of speakers, singers, dampen the jolts of life.
- **OLIBANUM 7CH:** Total lost of voice; dream that the father kills him.

### **Whooping & Hacking Cough**

**DROSERA 30CH:** cough worsened in the second half of the night. In whooping cough cases, after Drosera nothing bad can happen (dixit HAHNEMANN himself)

**CARBO VEGETALIS 30CH:** Situations where oxygen was missing, smoking, blotchy skin, flatulence, cough SINCE whooping cough, a disease...

**CORALLIUM RUBRUM 7CH:** violent coughing, purple face, cough gun.

**NATRUM MURIATICUM 15CH:** weeps with coughing, sneezing, aggravated by the sea: I miss dad.

**SQUILLA MARITIMA 7 CH:** Lose urine with coughing, coughing measles

**CUPRUM METALLICUM 9CH:** ramps, convulsions cough with "I am no longer to live up". Improved by cold water.

**SANGUINARIA CANADENSIS 9CH:** cough that stays after whooping cough, pulmonary hypertension, red face: the impulse of life turns against us

**PERTUSSINUM 30CH :** biotherapeutic or nosode of pertussis, reduces fits, preventative for those around.

### **Cough according to the time**

05h: NATRUM SULFURICUM 15CH, LYCOPODIUM 15CH

06H: PULSATILLA 9CH

08H: BELLADONNA 7CH

10H: NATRUM MURIATICUM 15CH

11H – 12H: ACONIT 9CH

12H- 13H: ARSENICUM ALBUM 15CH

13H- 15H: RHUS TOX 9CH

16H: PULSATILLA 9CH

17H: LYCOPODIUM 15CH

18H-20H: BELLADONNE 7CH

21H: BRYONIA 9CH, CHAMOMILLA 9CH , RHUS TOX 9CH

22H: NATRUM MURIATICUM 15CH

23H – 24H: ACONIT

01H – 03h: ARSENICUM ALBUM 15CH, KALIUM CARBONICUM 9 CH, CUPRUM ARSENICOSUM 9CH

**Only during day:** FERRUM METALLICUM 9CH, EUPHRASIA 7CH (conjunctivitis+++)

**Dry cough and spasmodic at night:** HYOSCIAMUS NIGER 15CH (jealous, exhibitionist )

**Dry cough at night, loose cough during the day:** PULSATILLA 9CH (attached+++ to the mother)

## According the origin of the cough

### Frontal Sinus:

Sensitive to the cold: ARSENICUM ALBUM 9 CH, KALI BICHROMICUM 15CH, SILICEA 15CH

Not sensitive to the cold/Feel warm: THUYA 9CH, SANGUINARIA 7CH

### Maxillary sinuses:

- Bilateral: MEZEREUM 15CH (loss of landmarks, vomiting meals)
- Right: AURUM METALLICUM 9CH, AURUM SULFURICUM 9CH, LYCOPODIUM 9CH MERCURIUS PROTOIODATUS 7CH, SULFUR 9CH
- Left: LACHESIS 9CH, MERCURIUS BIODATUS 7CH, THUYA 15CH

**Bottom of the nose:** STICTA PULMONARIAE 7CH

### Nose, throat:

- Cold sensitive: KALI BI 9CH, RHUS TOX 9CH, SEPIA 9CH
- Not cold sensitive: KALI SULFURICUM 7CH, PULSATILLA 9CH

### Larynx:

- **Acute:** ACONIT 7CH, SPONGIA 7CH, HEPAR SULFUR 15CH, CALCAREA BROMATA 9 CH, BROMUM 9CH
- **Subacute:** DROSERA 9CH, ARUM TRIPHYLUM 7CH, ALUMEN 7CH, OLIBANUM 7CH (extinction de voix)

### Trachea:

- RUMEX CRISPUS 7 CH Tickling in the sterna region.
- Spasmodic tracheitis: LYCOPODIUM 12CH (Flatus+++ , difficult character ) SEPIA 12CH (sensitive to cold, constipated, sensitive to odors)

### Bronchi:

- After a cold: IPECA 7CH , FERRUM PHOSPHORICUM 9CH
- Rain: DULCAMARA 9CH

### Lung:

**Atelectasi:** HYOSCYAMUS 9CH (jealous+++), ANTIMONIUM TARTARICUM 7CH (massive pulmonary congestion, flaring nose, absence of thirst)

**PNEUMONIE:**

- **Right Lower Lobe:** KALIUM CARBONICUM 9CH, MERCURIUS 9CH, PHOSPHORUS 15CH
- **Right Upper Lobe:** CALCAREA CARBONICA 9CH, CHELIDONIUM 9CH
- **Left Lower Lobe:** CHELIDONIUM 7CH, NATRUM SULFURICUM 15CH, SULFUR 9CH
- **Left Upper Lobe:** ACONIT 9CH

**PLEURISY:** BRYONIA 9CH

**Causalities of the cough**

**Sorrow, Grief:**

- IGNATIA 15CH, PHOSPHORUS 15CH (Thirsty for cold water or cold milk), PHOSPHORICUM ACIDUM 15CH (fatigue, loss of hair)
- Death of the mother: MURIATICUM ACIDUM 15CH
- Death of the father: URTICA URENS 15CH
- Death of a child: HURA BRASILIENSIS 15CH

**NOSTALGIA:** CAPSICUM 15CH, BRYONIA 9CH, NITRIC ACID, VERATRUM ALBUM

**JEALOUSY:**

- LACHESIS 15CH: jealous, brawler, talkative
- HYOSCYAMUS 15CH: act as a baby, exhibitionist
- CALCAREA SULFURICA 15CH: Laryngeal cough, likes to wear hats

**REFLUX:**

- ASA FOETIDA 15CH: induced birth, peridural
- LOBELIA 15CH: smoking
- MURIATICUM ACIDUM 15CH: death of mother in the previous generations

**Air Conditioning:** CAUSTICUM 15CH (“l’épée de DAMOCLES”) the cold on the head, ACONIT

**Cough during dentition:** CALCAREA CARBONICA, CALCAREA PHOSPHORICA, CHAMOMILLA, CINA, HYOSCYAMUS, KREOSOTUM (baby with red buttock), PODOPHYLLUM, RHUS TOX (agitated at night)

**Cough with trumpet tone:** VERBASCUM THAPSUS (pedophilia)

**Cough aggravated by coughing:** BELLADONNE, CISTUS, COCCULUS, HEPAR SULFUR, IGNATIA, RAPHANUS, SQUILLA MARITIMA, TEUCRIUM MARUM